



**George Fox Cycling Solutions 10 Mile Time Trial – 17<sup>th</sup> July 2022**

**First rider off – 7.51am**

**Event HQ Will be open from 6.30am**

**Course – NX2-10 (Earls Barton) – [Ride with GPS for the course](#)**

**Event Headquarters:**

Earls Barton Primary School

Earls Barton

Northampton

NN6 0ND

There is limited parking at the HQ, please park considerately in the surrounding roads if you need to.

**Event Officials**

Organiser – George Fox

Mobile – 07936627970

Email – [info@gfoxcycling.co.uk](mailto:info@gfoxcycling.co.uk)

Time Keepers – Sharon Fensom & Rowland Summerlin

**Prizes:**

**Team of 3 - £10 each**

**Female – 1<sup>st</sup> £40, 2<sup>nd</sup> £20, 3<sup>rd</sup> £10**

**Male - 1<sup>st</sup> £40, 2<sup>nd</sup> £20, 3<sup>rd</sup> £10**

## CTT Rider Notes

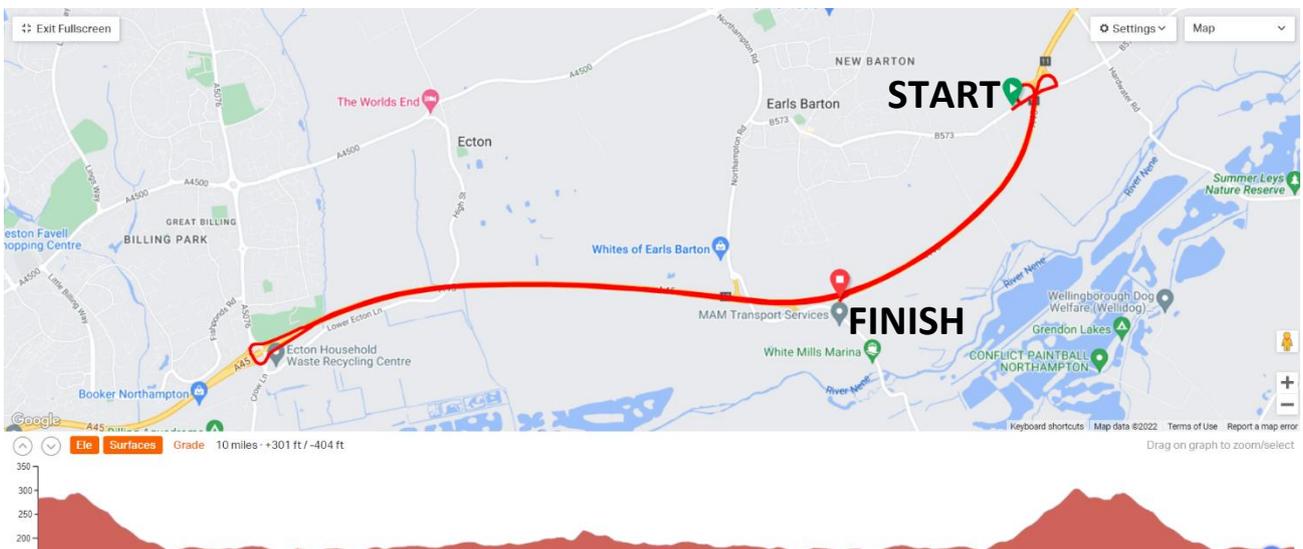
- No 'warming up' by competitors is allowed along any part of the designated course after the event has started.
- NO "U" TURNS are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.
- No vehicles are to stop or park on road or verges at Start or Finish.
- Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will also be liable to disciplinary action by the District Committee.
- Riders are reminded that no competitor shall be allowed to start an event unless they are wearing a HARD SHELL SAFETY HELMET that meets an internationally accepted safety standard.
- Riders are also reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light and affixed to the front of their machine a working front white light; lights to be illuminated, either flashing or constant, and in a position that is clearly visible to other road users.
  
- **NO HELMET, NO LIGHTS – NO RIDE**
  
- Competitors should not attend if they feel ill in ANY way especially if they or family members have any Covid19 symptoms. As Covid infections are rising again we ask you once again to maintain social distancing, especially around the HQ area, at parking areas and at the start. Please consider wearing a face covering at the HQ.
- Riders' body numbers will be available at the event HQ and must be personally signed for after reading any special course instructions. We will be using normal race numbers rather than disposable numbers so make sure you return them after your ride and place into the box provided.
- As soon as you have finished you should not stop at the finish and should not loiter at the HQ or parking areas but promptly return your number to the event HQ and personally sign out (failure to do so may mean you will be recorded as DNF).
- There will be refreshments at the HQ and results will be displayed. Results will also be published on the relevant websites once all are confirmed. DO NOT APPROACH THE TIMEKEEPERS.

## Event specific notes

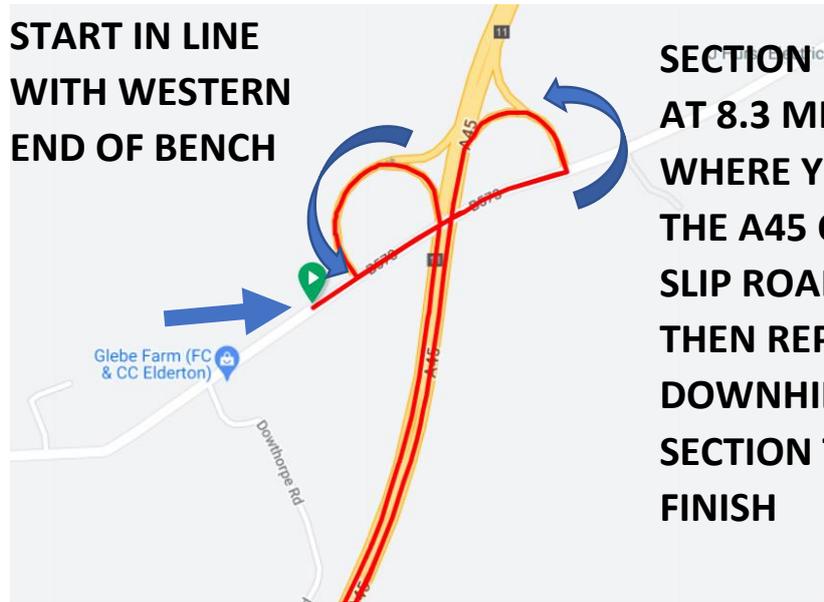
- The finish slip road is quite short, please familiarise yourself with the course before riding it. Once you have finished please get on the brakes straight away. At the end of the slip road please TURN LEFT as this is a blind T junction.
- Once you have finished the safest ride back to the HQ is to go back over the A45 and through Earls Barton (map below) – NO RIDING BACK UP THE COURSE PLEASE.
- There is a charity sportive on Sunday morning starting from Earls Barton too, please be mindful of other cyclists when warming up and cooling down
- When turning left onto the bridge at 8.4 miles please keep tight into the left as there may be other riders just taking off from the start as well (this will be marshalled)

## Course Details

### NX2-10 A45 Earls Barton 10 Mile TT

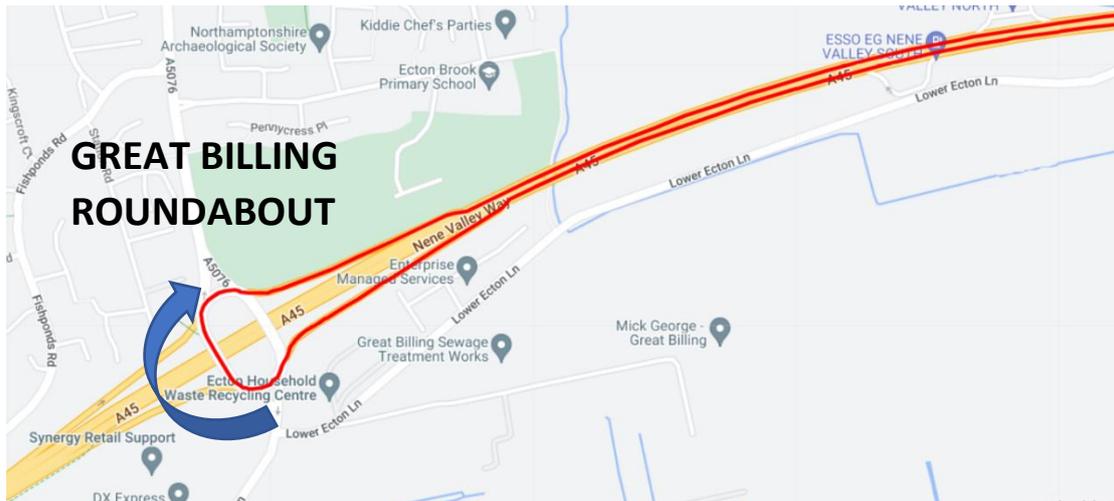


**START IN LINE  
WITH WESTERN  
END OF BENCH**

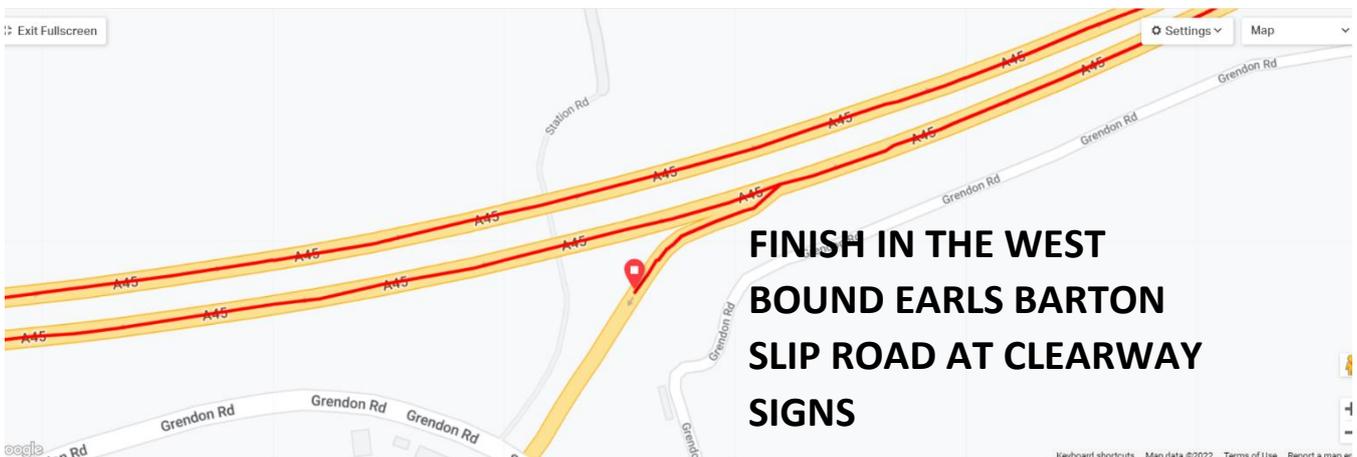


**SECTION REPEATED  
AT 8.3 MILES  
WHERE YOU EXIT  
THE A45 ON THE  
SLIP ROAD TO  
THEN REPEAT THE  
DOWNHILL  
SECTION TO THE  
FINISH**

**GREAT BILLING  
ROUNDBOULT**



**FINISH IN THE WEST  
BOUND EARLS BARTON  
SLIP ROAD AT CLEARWAY  
SIGNS**



**START:** In line with the western end of the wooden bench between Earls Barton and Great Doddington

**TURN:** Left 0.2 miles onto A45 Slip road West Bound

**TURN:** Exit slip road at 4.0 miles at Great Billing RB – go all the way round to head Eastbound on A45

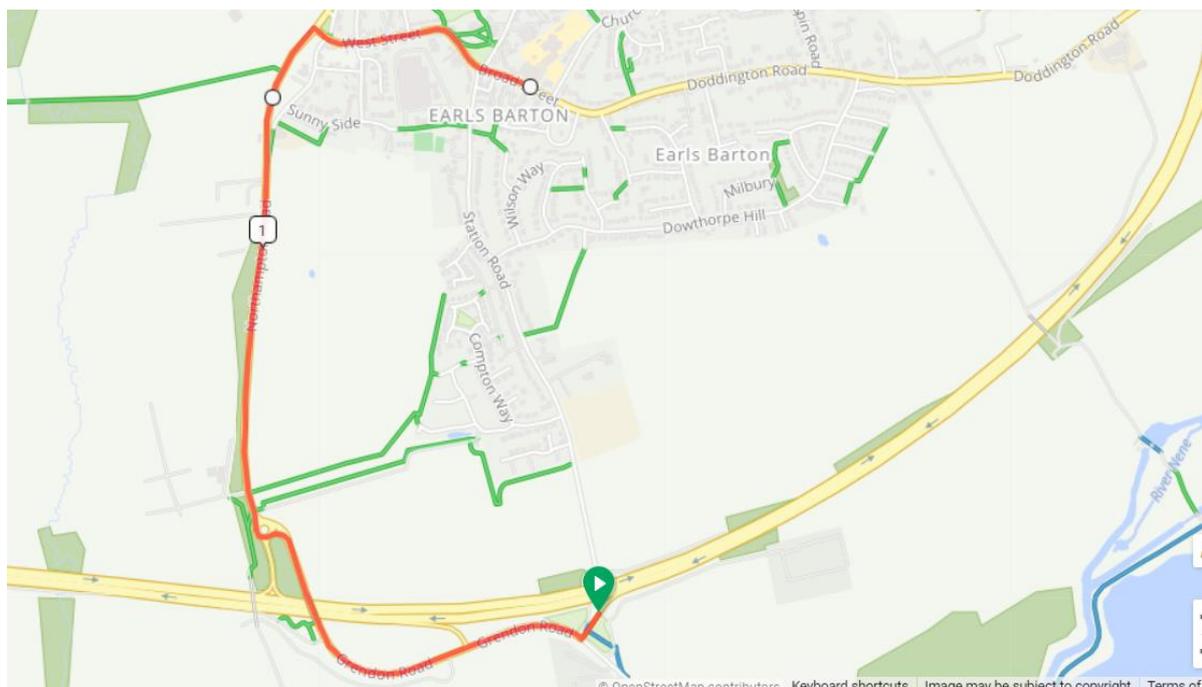
**TURN:** Exit slip road at 8.2 miles at Great Doddington Slip

**TURN:** Left at junction at 8.3 miles to then retrace the downhill section of the course

**TURN:** Enter slip road at 9.9 miles and finish immediately round the bend on the slip road at 10.0 miles

**CAUTION:** Break Immediately after finish and turn left to catch your breathe before heading back into Earls Barton

### Ride back to HQ from finish



No.	Name	Club	Gender	Start
1	Michael York	George Fox Cycling Solutions	M	07.51AM
2	Noel Toone	Kettering CC	M	07.52
3	Alex Garner	VeloElite	M	07.53
4	Claire Harlow	Team Kirkley Cycles	F	07.54
5	Matt Donovan	Beds Road RT	M	07.55
6	Malcolm Smith	Peterborough CC	M	07.56
7	Jamie Tuttle	George Fox Cycling Solutions	M	07.57
8	Martin Wright	Eat Plants Not Pigs CC	M	07.58
9	Martin Patmore	VeloElite	M	07.59
10	Adam Smith	Team Kirkley Cycles	M	08.00
11	Martin Atkinson	Peterborough CC	M	08.01
12	Maria Gent	Kettering CC	F	08.02
13	Paul King	Verulam CC	M	08.03
14	John Overman	RFW	M	08.04
15	Nic Pillinger	St Neots CC	M	08.05
16	Chris Old	Kettering CC	M	08.06
17	Andy King	Kettering CC	M	08.07
18	Stu Wright	QN Racing	M	08.08
19	Phil Wilkinson	RFW	M	08.09
20	Sam Barker	Kettering CC	M	08.10
21	Ben Rooney	Team Jewson Mi Racing Polypipe McCann	M	08.11
22	John Saysell	North Road CC	M	08.12
23	Robert Barker	Kettering CC	M	08.13
24	Bethany Spencer	Kettering CC	F	08.14
25	Simon Norman	Bikestrong KTM	M	08.15
26	Christopher Wedge	North Road CC	M	08.16
27	Mike Deeley	RFW	M	08.17
28	Gavin Howell	VeloElite	M	08.18
29	Ed Stivala	Team MK	M	08.19
30	Simon Fitzhugh	45RC	M	08.20
31	George Fox	George Fox Cycling Solutions	M	08.21
32	Alex Dowsett	Isreal Premiartech	M	08.22